

Vol.1 Issue 10

Employee Newsletter

CHOICE HEALTH GROUP

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You can put a price tag on just about everything, except people who pulled you up when you were down and helped you get where you wanted to be. Thank you to all of our nurses who are dedicated to our patients. We would like to take the opportunity to thank the following nurses who continuously go above and beyond by taking time out of their busy schedule to help us train all of our new hires so that they can be successful in their roles. You are a very important part of our onboarding process. Thank you!

-
- Olesia Papayzyan, RN
 - Bronagh Grant, RN
 - Jonell States, LVN
 - Jahan Rashid, RN
 - Ani Hakobyan, RN
 - Lusine Mativosyan, LVN
 - Monika Muradyan, LVN
 - Sherline Richards, CHHA
 - Dianna Ser-Manukyan, LVN CM
 - Justin Smalls, LVN
 - Margaret "Meg" Bontrager, LVN





The Great California ShakeOut

Annual Statewide Earthquake Drill

Businesses

At 10:17 a.m. on October 17, 2019, millions of Californians will "Drop, Cover, and Hold On" in The Great California ShakeOut, the state's largest earthquake drill ever! All businesses are encouraged to participate in the drill (or plan a more extensive exercise) and to inform the public about the drill.

Major earthquakes may happen anywhere you live, work, or travel. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent a major earthquake from becoming a catastrophe for you, your organization, and your community.

Why is a "Drop, Cover, and Hold On" drill important? To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.



Millions of people worldwide have participated in Great ShakeOut Earthquake Drills since 2008. The Great California ShakeOut is held on the third Thursday of October each year.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at ShakeOut.org/california

HOW TO PARTICIPATE

Here are a few suggestions for what businesses can do to participate in the ShakeOut. Learn more at ShakeOut.org/California/howtoparticipate.

Plan Your Drill:

- Register at ShakeOut.org/california/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/California/drill/broadcast.
- Have a "Drop, Cover, and Hold On" drill at 10:17 a.m. on October 17. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:

- Check your emergency supplies and equipment; make sure they are accessible and functional.
- Ask departments to inspect facilities for items that might fall and cause injury and secure them.
- Learn about CISN software at www.cisn.org
- Encourage employees to prepare at home.
- Provide first aid and response training for staff.

Share the ShakeOut:

- Encourage employees to ask their friends, families and neighbors to register.
- Ask colleagues at other businesses to participate.
- Posters, flyers, and other promotional materials at ShakeOut.org/california/resources.
- Share photos and stories of your drill at Shakeout.org/california/share.



DROP!



COVER!



HOLD ON!



In this month's effort to raise morale we would like to have everyone participate in Spirit Month. Those who show up to work and participate will have their name be entered into a raffle for a chance to win a prize. Announcements will be made same day.

October 4th - Twin Day

October 11th - Hero vs. Villian

October 18th - Sports Day

October 25th - Office Color Day

- Doctors Choice/Gratitude "Blue and Gold"
- Comfort Choice Hospice "Gray, Green and White"
- My Choice Therapy "Gray, Blue and White"
- Right Choice Caregiving "Red, White and Blue"
- Choice Health Group "Black and Gold"

October 31st - "Group Costume Contest" (Please team up with your groups for a chance to be number 1 for this year's fall spirit)

PRIZES TO BE ANNOUNCED!

Please feel free to decorate your cubicles for this month's Fall Spirit.

LUPUS FOUNDATION OF AMERICA

WALK TO END LUPUS NOW™



HUGE Thank you to those that came out and supported us in this event to raise awareness for those affected by LUPUS!

Roberto Ramirez, Oct - 2
Ernesto Gonzalez-Lopez Oct - 6
Mariam Arzumanyan Oct - 7
Julia Balboni Oct - 7
Rozelle Neal Oct - 7
Fannie Laserna Oct - 9
Ashley LeBlanc Oct - 9
Bakhatjan Kenjekhan Oct - 20
Jose Yacabalquiej Oct - 21
Meredith Brown Oct - 23
Maria Smith Oct - 24
Nikki L. Belisario Oct - 27
Laura Velasco Oct - 30
Dayna Mitchell Oct - 31



Sabrina Galloway, Oct - 1 (2 yrs)
Charisse Pilar, Oct -1 (1 yr)
Vicky Avetisyan, Oct - 1 (1 yr)
Rozelle Neal, Oct - 1 (2 yrs)
Marina Aliyeva, Oct - 16 (3 yrs)
Triana Dominguez, Oct - 16 (2 yrs)
Karine Abeylan, Oct - 17 (3 yrs)
Jennifer Fogelstrom, Oct - 18 (1 yr)
William Batican, Oct - 20 (3 yrs)
Pamela Welcome, Oct - 24 (3 yrs)
Wendy Rachal, Oct - 26 (7 yrs)
Stephanie Reade, Oct - 28 (3 yrs)
Christine Blase, Oct - 30 (6 yrs)
Chamroeun Trinidad, Oct - 31 (3 yrs)